



Senior Moments



January/February, 2010

Volume 3, Issues 1 & 2

A Good-News-Letter of the Capital City Christian Church Seniors Ministry



“Love Your Neighbor” is the Theme of 2010 Senior Calendar

The **DREAM** started two years ago—to develop a spiritually based Senior Life Resources Center (SLRC) that would serve the church and community and be second to none. Now, at the start of its third year, the seniors’ ministry continues to lay a solid foundation and is making progress toward the **DREAM**. The goal of helping seniors to be active and live **a more abundant life** (Matt. 10:10) remains steadfast. With God’s help, leadership support, and **the encouraging involvement of seniors** (both church and community), the **DREAM** is more alive than ever.

Seniors Enjoy Taster’s Delight

To get 2010 started “on a high note,” over sixty seniors gathered on February 6 to enjoy a spectacular **Taster’s Delight** buffet while listening to the mellow voice of Gary Hudson singing 60s and 70s hits.

After the meal, an overview of the 2010 Calendar of Events was presented and church and community members were given the opportunity to sign up for one or more of the **forty teams** designed to make the year a success. For those who have not yet signed up to help, forms and team descriptions are available in the church foyer (or call the church office). It should be noted that many of the calendar events and teams are the result of an evaluative survey completed by seniors in December.

The SLRC theme for 2010 is “Love Your Neighbor.” (Matt.22:39) Many of the planned events are designed to do just that—help us love our neighbors. If we truly love God, we will express it by loving our neighbors, and when we truly love our neighbors, it expresses our love for God.

Calendar of Events are available at the church or by calling 877-7315.



Coming Events



New Traditional Worship To Begin February 21

An all new traditional worship service will begin February 21 at 8:30 a.m. and will include favorite hymns from the hymnals. The service will be followed by coffee, announcements, and fellowship. The second service, contemporary in nature, will take place at 10:45 a.m.

Early Sign Up Required for *The Hobbit* and *Mahaw*

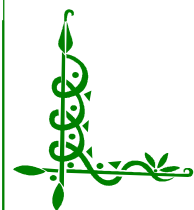
Because tickets have to be purchased early for *The Hobbit* at TCC (for the show only or the show and dinner) that will be performed on April 10, or for *Mahaw* (for the show only or for show and lunch at Tarrer Inn) being performed on April 17 in Colquitt, GA, you **must** sign up for these events in the next two weeks (many have signed up already). Our group rate for *The Hobbit* is only \$2.00 (what a deal!) and \$15.00 for *Mahaw* (includes tax and ticket handling). You may put your name on the list in the church foyer or call 877-7315.

Gaithers Stir the Soul

On February 5 a group of seniors attended the Gaither Homecoming Concert at the Civic Center and were treated to four hours of spiritually uplifting music. It was a powerful concert—a truly inspirational evening for the seniors—a perfect way to start 2010.

“ This is My commandment, that you love one another as I have loved you.”

John 15:12





Arts and Crafts Classes Begin Soon

It's time to begin making those crafts for the Parable of the Talents Arts and Crafts Festival set for **October 30**. No experience is required. All materials are furnished. Simply attend, have fun creating under an instructor's guidance, and contribute your product to the festival. The first class is **March 6** at 9:30 a.m. Sign up in the church foyer or call 877-7315.

Senior Bookshelf to be Available

If you have read a book, watched a DVD, or have a magazine that you think seniors, (in particular) would enjoy, please consider donating these items to the all new Senior Bookshelf, coordinated by Leslie Lehmann. These items will be available for check out (on the honor system) in the old BYKOTA room. Remember, reading is reported to help fight Alzheimer's disease. Please place donated items in the box in the old BYKOTA room.



Ready, set, here we go!

Exercises Classes Set to Start

It's a given—everyone needs to exercise, including seniors. Come, join in the year's first exercise class for seniors and enjoy fitness, fun and fellowship.

The class will include low impact exercise as well as chair exercises for those whose mobility is limited. The first class begins **February 20** at 10:00 a.m. Sign up in the church foyer or call 877-7315.

Drive Safely

More and more traffic accidents are being caused by drivers who are texting while driving.

If you must text, or call on your cell phone, pull into a parking lot, or off on a side road. Don't endanger yourself and others by causing an accident that could have been avoided.



Perry Odom



We were saddened by the death of Perry Odom on February 4. He was one of our beloved fellow seniors and was very supportive of and involved in the seniors' ministry. He was the epitome of Eph. 4:32 "Be ye kind, one to another." (BYKOTA)

Our prayers are with his wife, Martha, and her family.

News You Need to Know

Millie Baker —

After falling and fracturing her hip, Millie had surgery and then rehab. She is now home. Pray for her continued recovery.

Carl and Gladys Newland —

Carl and Gladys remain at Broadview Assisted Living where Hospice provides support and care for Carl. They appreciate visits and prayers.

Drivers Quiz

Here is a little quiz to help you think about traveling safely.

- A single solid yellow line on your side of the dashed center line means ...
 - Traffic light ahead
 - Do not pass
 - You are in a residential district
 - Reduce speed
- When you see a flashing red light at an intersection, you should ...
 - Proceed only with caution
 - Come to a complete stop before entering the intersection
 - Stop and wait until the signal light changes to green.

Answers: 1. B 2. B

By the "Book"

A minister parked his car in a no-parking zone because he was short of time and couldn't find a space with a meter. He put a note under the windshield wiper that read: I have circled the block 10 times. If I don't park here, I'll miss my appointment. "Forgive us our trespasses."

When he returned, he found a citation from a police officer with a note: I've circled this block for 10 years. If I don't give you a ticket, I'll lose my job. "Lead us not into temptation."

Thought for the Day: Rejoice in the abundant blessings that fill your life.

And once again, say thank you.