

### Community Responds to Art Show



The SLRC's first Art Show was a resounding success. Community members turned out in large numbers for a chance to view the thirty-nine never before publicly viewed works of internationally acclaimed artist, Arthur Deshaies.

Barb Psimas, local artist and owner of Barbara Psimas Studios, commented, "This is an outstanding exhibit. What a privilege to get to see Deshaies' works. Thank you for this opportunity. I definitely look forward to your next show."

Dr. Dennis Close, a local dentist, agreed. "A great show. Deshaies is an outstanding painter. Your church members have also produced some excellent art works. You've got a lot of talent here."

Church members who exhibited works included Dona Cormier, Muriel Lee, Donna Miranda, Carlos Monserrate, Dennis Raitt, Wes Scoles, Nancy Smith, Bob Whitworth, and Sybil Wills. Thank you to all who participated.

### L3X Is a Success



Members of the Tallahassee Senior Center, the Leon County Senior Outreach Program, and CCC's Senior Life Resources Center, who formed a partnership to plan and offer Tallahassee's first ever Lifelong Learning Extravaganza (L3X), were pleased with the community's response. Feedback from participants was very positive. They particularly appreciated the wide variety of classes and the fact they were very affordable. Two classes, Pam Laws' "African-American Spirituals" and "Famous Artists with Southern Roots" took place at CCC.



Leah Yates—had foot surgery last week. We wish her a speedy recovery.

#### Devotional Thought

The reason why Christ chose the hard way of the cross was, among other things, that he saw beyond it. He knew something better was coming. We can do the same. We can nail our daily burdens to the cross that we carry for him, realizing that there is something truly greater beyond it. If we look beyond our cross and our burdens and see him, free from the cross, we will find rest for our souls, just as he promised. (Matt. 11:29)



Thought for the Day: God is more interested in what we are, than what we do. That is why we are called human beings—not human doings.



# Senior Moments

October, 2010 Volume 3, Issue 10



A Good-News-Letter of the Capital City Christian Church

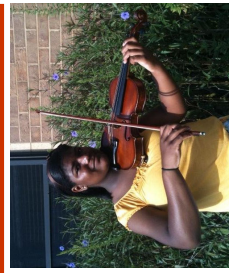
## Get Ready for Mountain Music and Bluegrass



Jeff Robbins



Pastyour Prime



Kayla Williams

An exciting toe-tapping and foot-stomping event is coming to CCC on **November 14, at 6:00 p.m.** and it's free. It is the "Mountain Music, Bluegrass, and a Fiddler Concert."

Included in the concert will be the popular local bluegrass group, **Pastyour Prime**. The group has played together for 20 years and most recently performed at the Capital Chordsmen's summer concert. Their songs will include, "Virginia native **Jeff Robbins** who has toured the country for 30 years playing and singing authentic mountain music. He is adept at playing the banjo, fiddle, mandolin, dulcimer, autoharp, and guitar. He makes most of his own instruments. Hear him play "The Crawdad Song," "Keep on the Sunny Side," "Turkey in the Straw," "Old Time Religion," and more.

"Fisher's Hornpipe" and "Wheel Hoss."

All the performers will join together for a rousing finale, singing and playing "I'll Fly Away," and "Will the Circle Be Unbroken." At the reception that follows, Robbins will demonstrate how to play the juice harp.



### Other Upcoming Events

**Senior Christmas Potluck and Movie**

**December 12, Noon**

**CCCC Christmas Musical**

**December 18, 7:00 p.m.**

**December 19, 10:45 a.m.**



"I wait for the Lord, my soul doth wait, and in his word do I hope!"

Psalm 130:5



### BarlowGirl Tour to Stop in Tallahassee

BarlowGirl, one of the country's top contemporary Christian music bands and currently on a national tour, will be stopping in Tallahassee for a concert at Capital City Christian Church on **Friday, November 19, at 7:00 p.m.** The band is composed of three sisters, Alyssa, Becca, and Lauren Barlow. Since their debut in 2003, the group has won a series of awards. Their song, "Never Alone," was the longest running number one song in 2004 on Christian Hit Radio and Christian Rock Charts, and was the "Song of the Year" on both charts. In 2004, the band was named best selling new Christian artist. Tickets are \$10.00 and can be purchased at the church office or the two Christian bookstores, *Lifeway* and *Rayann's*.



### Bands to Perform Christmas Concert

Here's another opportunity to enjoy a full concert of holiday music. The TCC Jazz Band and the Capital City Concert Band will be playing "The Music of Christmas" at CCCC on **Monday, November 29, at 7:30 p.m.** It's free and promises to get you in the Christmas mood by playing all of your favorite Christmas instrumental songs. Come and enjoy sea-son nostalgia.



### Parable of Talents is a Hit with the Community



Many talented church members and friends created a host of arts, crafts and baked goods for the SLRC's Third Annual Parable of the Talents Arts and Crafts Festival on October 30. It took a large crew of hard working individuals to plan, put it all together, attend to the day's activities, and then take it down.

Dona Cormier, coordinator, was pleased with the large turnout from the community and the \$2500 worth of purchases that were made by those in attendance. Proceeds will benefit the Seniors' Ministry.

"We had a large variety of items," Dona said, "including a lunch and snacks. We are so appreciative of everyone who helped in so many ways. It was a great team effort. It's great to see people using their God-given talents and to see all the cooperation and fellowship that takes place with an event like this."

Plans will soon be under way for next year's festival.



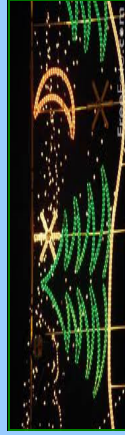
### Dinner and Theatre Set for December 4

We will be attending one of the holiday

season's classic stories, "It's a Wonderful Life," presented by TCC's theatre department on **December 4 at 8:00 p.m.** in Turner Auditorium. We have a terrific group rate of \$2.00. What a deal! Sign up in the church foyer or call 877-7315. **Payment deadline is November 21** (pay Essie Stull, Muriel or Chuck Lee or mail money to the church office). For those interested, we will be eating as a group at Kacey's Southern Buffet on N. Monroe at 6:00 p.m. The food is tasty, very southern, and the price is great: \$7.00 includes meal, drink and tax. Let us know if you plan on eating at Kacey's. For those going directly to the play, we will meet in the lobby at 7:30 p.m.

### Seniors to Enjoy "Christmas Reflections"

Sign up now to enjoy a jolly Christmas sing-along trip to Defuniak Springs on **December 11** to enjoy dinner and a tour of the amazing "Christmas Reflections" display around Lake Defuniak. Over three million lights set the scene, including the nostalgic charm of decorated seasonal characters. Also see antebellum homes decorated in bright Christmas array. You can ride around the lake or take a stroll...a stunningly beautiful holiday experience. We will leave at 3:00 p.m., enjoy dinner in Defuniak Springs, take in the "Reflections" and return home. The cost for the tour is \$3.00. Sign up in the church foyer or call 877-7315.



### Chordsmen to Return for Joyful Christmas Concert

Here's good news! The Capital Chordsmen are returning to perform a Christmas concert at CCCC. The concert is set for **Sunday, December 5 at 6:00 p.m.** It's free. It will be different from last year, but will include your favorite Christmas carols, singing puppets, quartets, Santa, and more...all sung in four-part a cappella barbershop harmony. It was a packed house last year, so come early for a seat. What a way to launch the Christmas season! A Christmas cookie reception will follow.



### A Salute to Ken and Dona Cormier

We want to take a moment and give tribute to a special couple, Ken and Dona Cormier. Ken was born in Jennings, LA, and Dona was born in Henderson, TX. They met at McNeese State College and married in 1966.

Most of Ken's career has been as a CPA with the IRS. Dona has worked in Law Enforcement and was a Deputy Sheriff who later served as a Sergeant in charge of Crime Scene Investigations.

What words of wisdom would Ken and Dona like to share with others? Here are their thoughts: "Salvation is in your hands. It's up to you. It's the same with marriage. How successful your marriage is going to be is up to you. It's in your hands. You have to work at it. Make communication a priority."

It's a difficult time for Ken and Dona right now, as Ken is dealing with pancreatic cancer. They seek everyone's prayers and support, and do appreciate notes, e-mails, and limited visits. They are both very special to all of us.