

Hurricane Season is Still Here

We have been lucky so far this year, but we have until the end of November before hurricane season is officially at an end. Keep the following things in mind to be prepared:

Know that a “watch” means conditions are favorable for a storm or condition. A “warning” indicates an imminent threat, usually within less than 24 hours.

- Have a plan. If the order or even a recommendation comes out that you should evacuate, you need to know ahead of time where you will go. Will you go to a shelter or get out of the state? If you have a pet, will a shelter or motel allow them? Don't forget pet food.
- Let friends or relatives know where you are going and how to contact you.

Fifth Grade Assignment

A fifth grade teacher asked her class to look at TV commercials and see if they could use 20 of them in some way to communicate ideas about God. Here are a few of the results:

God is like Tide. He gets the stains out others leave behind.

God is like Delta. He's ready when you are.

God is like Hallmark cards. He cares enough to send His very best.

Seniors Enjoy CarFit Program



Twenty-four older adults drove their cars through the national CarFit twelve-point checklist program at Capital City Christian Church on September 23. Many participants commented, “I learned so much from this. It was really helpful.” Fran Carlin-Rogers, national CarFit consultant, also presented an older adult driving safety workshop at the day's Lunch and Learn. A large number of volunteers helped to make the day a success. After the safety workshop, participants and volunteers enjoyed a delicious lunch together and the social time was appreciated by all.

News You Need to Know

It has been wonderful to see Ken and Dona Cormier at some of our recent events. They appreciate everyone's prayers and cards. Everyone that heard Ken speak both at the Parable of Talents meeting and at church last Sunday had to be inspired by his words to search your hearts and take advantage of every God-given talent you have to make this year's event as successful as possible. As Ken said, “Some have the talent to make things, others a great talent to shop. Either way, it all helps.” Let's show him we were paying attention.

Thought for the Day: “It is amazing what you can accomplish if you do not care who gets the credit.”

Harry S. Truman



Senior Moments

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A Good-News-Letter of the Capital City Christian Church

DVD Lecture Series Begins

“From Jesus to Constantine, A History of Early Christianity,” a DVD lecture series by nationally honored professor, Dr. Bart Ehrman, Chair of the Department of Religious Studies at the University of North Carolina, began on Tuesday, October 5, at 11:00 a.m., at CCCC. This non-denominational series consists of a thirty-minute DVD lecture followed by an informal discussion. Many people wonder what happened to the church during the first 300 years of Christianity and how it grew into such an enormously influential institution from such humble beginnings. This course will answer all of these questions.

All are invited to this learning adventure.

Tuesdays, at 11:00 a.m.

Join us next Tuesday!

Capital Chordsmen Coming October 17

The thirty-five member Capital Chordsmen are excited to be performing their first-ever barbershop gospel concert on **October 17, 6:00 p.m.** at Capital City Christian Church. The concert is free



Capital Chordsmen

Chordsmen member, Rodney Atherton, said, “We just thought this is something we wanted to try. We think we might be the first barbershop group to perform a gospel concert like this”

Some of the songs selected for the concert include, “This Little Light of Mine,” “Amazing Grace,” “Swing Down Chariot,” “Daddy Sang Bass,” as well as some patriotic songs and an Irish blessing. There will also be a sing-along of favorite hymns. A reception will follow the concert.

Register Now for Lifelong Learning Extravaganza

CCCC's Senior Life Resources Center has partnered with the Tallahassee Senior Center and Foundation and the Leon County Senior Outreach to offer, for the first time, a Lifelong Learning Extravaganza set for **October 18-22**. Most classes are only **\$5.00** but **advance registration is required**.

Class description booklets and registration forms are available in the **CCCC church foyer**, the **Tallahassee Senior Center**, and **Westminster Oaks**. The classes will take place at various sites throughout the city.

Classes at CCCC include (1) Pam Laws lecture and concert, “African-American Spirituals and Hymns,” **October 21, 2:00 p.m.**, and (2) “Six Famous Artists with Tallahassee Roots,” lecture and gallery exhibit, **October 22, 9:30 a.m.**

“How sweet are Your words to my taste, Sweeter than honey to my mouth!”

Psalm 119:103



Art Show Features Arthur Deshaies' Works

Would you like to view the paintings and prints of one of the nation's leading artists, for free, and also see art work by our own CCCC members? Don't miss our very own premiere Art Show and reception scheduled for **October 22, 7:00-9:00 p.m.**

Featured artist, Arthur Deshaies, is an internationally renowned Abstract Expressionist who has works permanently exhibited in the leading art museums throughout the world. Show will display 25 of Deshaies' never before your only chance to view these closely-guarded treasures. Plan now to attend and support this premiere Art Show.



Arts and Crafts Festival Coming October 30

Our Third Annual Parable of the Talents Arts and Crafts Festival will take place Saturday, October 30, 9:00 a.m.—2:00 p.m.

This popular event will include hundreds of beautiful handmade crafts, art work, a wide variety of holiday items, a bountiful country bakery with fresh homemade baked goods and packaged gift mixes, a

used book fair, a café for snacks or a light lunch, and more. What a great opportunity to shop for those one-of-a-kind totally unique gifts for family, friends, secret sisters, or even yourself. Or, if you're having a boring Saturday, just come, browse and enjoy a few bakery samples.

Coming Soon — Mountain Music, Bluegrass and a Fiddler

Something fun, something unique, someone from the Virginia mountains is coming to CCCC on **November 14 at 6:00 p.m.** What a great concert is in store for you. Jeff Robbins will be here to sing and play authentic mountain music. He plays the guitar, fiddle, banjo, dulcimer, autoharp, and mandolin, all of which he has handmade. Joining Jeff will be Tallahassee's own bluegrass group, Pasture Prime, and a middle school champion fiddler, Kayla Williams.

Get ready to clap your hands and tap your toes because this is going to be down to earth, American originated, authentic mountain music. Hear the songs that echo in the mountains and tell stories about people and their lives, sitting on their porches singing such songs as, "Keep on the Sunnyside," "The Crowdad Song," "Turkey in the



Straw," "Comin' Round the Mountain," "Old Time Religion," "Will the Circle Be Unbroken," and more, including fiddle, string, and dulcimer instrumentals. Don't miss this opportunity for a wholesome, fun-filled evening...and it's free! A reception will follow.

BarlowGirl Concert Set for November 19

Do you enjoy contemporary Christian rock music? If you do, don't miss the November 19 concert at CCCC featuring the nationally acclaimed and ten-time Dove nominated group, BarlowGirl. Tickets are \$10. Call 877-7315 for information and tickets.



Brass Band Performs for KUMC

The Seniors Ministry's Brass Band performed a dinner concert on September 23 for the Killlearn United Methodist Church's seniors. The band was well received by the sixty-member audience. Band members also sang "The Orchestra Song," which was a lot of fun and a big hit.

Bands to Perform at CCCC

The Tallahassee Community Band of TCC and the jazz Band will perform a Christmas concert at CCCC on November 29, at 7:30 p.m. Come, relax after Thanksgiving, listen to a variety of holiday tunes, and get in the mood for Christmas. The combined bands comprise approximately 65 members.

Seniors Enjoy "To Be or Not to Be"



Thirty members of Capital City Christian Church and community friends enjoyed a hilarious night of theatre at TCC on October 2, taking in "The Complete Works of William Shakespeare Abridged."

"What a clever take-off on Shakespeare," one member said. "I bet William is rolling over in his grave. This show was absolutely funny from beginning to end."

Prior to the theatre, participants enjoyed a southern dinner at Kacey's. The next theatre venture will be "It's a Wonderful Life," on December 5. Sign up now. Cost is only \$2.00.



Hebrews Study Enjoyed at Cherry Laurel

CCCC seniors are studying the book of Hebrews with residents at Cherry Laurel Retirement Residence on Thursdays at 10:00 a.m. What a great group of interested "students!" All are welcome.